

March 28, 2008

A rock band that **mae** surprise you...

By Elizabeth Rekowski
Rocket Focus Editor

Sex. Drugs. Alcohol.
Those three words describe the consumption habits of a lot of rock bands, both past and present.

However, it'd be a mistake to use these same words to describe the habits of the main act at the University Program Board's most recent concert.

On Monday, modern rock band Mae ventured to SRU to make a stop on their current tour.

Mae started in Norfolk, Va., at Old Dominion University in 2001 when lead singer Dave Elkins and drummer Jacob Marshall met and decided to start a band together.

Other current members of the band include Zach Gehring on the guitar, Mark Padgett on the bass and Rob Sweitzer on the keyboard.

Since then, the band has had its share of personnel changes, but both Elkins and Jacob are happy with their current lineup.

"Jacob and I met in college," Elkins said. "Since then we've cycled through nine members or so. This is the best that

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NATE DAYMUT/THE ROCKET

"Five Guys Named Moe:" a big show visits a small town

By Amber Wilhelm
Rocket Contributor

SRU is in for a rare treat when a Broadway musical, "Five Guys Named Moe," hits the Miller Auditorium stage at 7:30 p.m. tomorrow night.

Admission is \$8 for students and \$20 for the public.

Sade Battle, a 20-year-old communication major, is a Green and White Society Student Ambassador. As a student ambassador, Battle and other students will serve as greeters at the show.

"I think it's a way for students to see a Broadway-class show without the Broadway price," Battle said.

Debra Baker, manager of university events, describes the show as a touching comedy.

"The star of the show is giving up on his life, and five guys pop out of the radio to give him advice of how to get on with his life," Baker said.

According to Battle and Baker, SRU is lucky to have this performance on campus.

"The show was brought here through the Rock Star art series. Deb Baker tries to bring big things to a little town," Battle said.

Baker said that this production of "Five Guys Named Moe" fit perfectly into the Rock Star art series. It's the fourth and final event in the 2007-08 series of performing arts shows.

"We try to create a diverse series of theatre and music," Baker said. "Theatre is the hardest to book because some of the productions are too large for the Miller Auditorium, and some productions are so small that they seem too small for Miller."

The production is directed by A. Curtis Farrow and includes 27 Louis Jordan hits including "Choo Choo Choo Boogie" and the sentimental "Don't Let The Sun Catch You Crying."

"A prestigious New Jersey theatre company has restaged this musical and they are going on tour with it," Baker said. "It's filled with wonderful music and it's received wonderful reviews."

Baker said that by the 1950s, there were no jukeboxes untouched by Jordan's music, which was a big deal back then.

"Louis Jordan was considered the father of the jukebox because he had 18 songs that

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SUBMITTED PHOTO

The Slippery Rock community will be able to enjoy the Broadway musical "Five Guys Named Moe" on March 29 at 7:30 p.m. in Miller Auditorium. Tickets are \$8 for students and \$20 for the public.

SRU alumnus makes dream reality with completion of fitness book

Catching UP with

David P. Morrow

By Liz Glazier
Rocket Assistant Focus Editor

At the age of 19, David P. Morrow knew he wanted to write a health and fitness book.

He even had the title of his future piece planned.

Now, at the age of 36, Morrow, an SRU alumnus, made his dream

a reality, coming out with "Fat Into the Fire: The Missing Links" in October.

Morrow grew up in Claysville, Pa., and after graduating from McGuffey High School in 1989, began attending SRU.

"I knew it was a fantastic school for education," Morrow said. "I knew they had an excellent program in exercise physiology and a variety of health related majors."

Morrow got involved with health and fitness at an early age and tried to help other people achieve health goals. He would help them set workout goals and make diet programs.

"I felt that I had a knack in helping other people dealing with health issues," Morrow said. "It seemed right for me to seek out that talent at a university level."

During his time at SRU, Morrow competed in several weightlifting and bodybuilding competitions. He won several titles, including Mr. Teenage Washington, Teenage Mr. Steel City the Tri States Body Building Championship.

Morrow was a brother in the Pi Kappa Phi fraternity as well.

After graduating in 1993 with a degree in lifetime fitness, Morrow started a 16-week internship at the Harbor Island Athletic Club in Tampa, Fla.

"The day I graduated, I got in my vehicle and drove straight from Slippery Rock to Tampa," Morrow said. "It was a great move professionally and was a very educational internship."

After completing the internship,

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SUBMITTED PHOTO

SRU alumnus David P. Morrow, 36, recently finished his first fitness book titled "Fat Into the Fire." Morrow said that writing his own book has been a goal of his since he was 19.